A geode can form in any cavity within a rock, but the most common method for geode formation is via gas bubbles that form in cooling ash beds. The bubble gets "frozen" in place when the silica-rich ash/dust hardens. The partial or complete filling of the bubble may occur immediately or even thousands to millions of years later and can encompass a variety of different minerals. Geodes can also be filled with surrounding silt and sediments, forming a "mud ball." If a crystal breaks off inside the geode, you can hear rattling (the only guarantee of a hollow geode), hence the nickname "rattlesnake." Geodes come with many crystals, some being Quartz, Amethyst, and Citrine.

**Metaphysical Properties:**
Each geode holds special energy. They can hold just about anything. They are more about reminding one of a feeling or a way rather than about healing other things, such as meditating, one can hold that knowledge and assist you in remembering to do it, or to exercise, or getting the rest you need, or something as simple as remembering to smile. It is important that you find the one that connects to you and holds a feeling you connect to when choosing to work with geodes. They are also good tools for meditations.