**APOPHYLLITE**

**Gemological info:** Apophyllite is a potassium-calcium fluoride-silicate mineral. Structurally, its crystals can be cubic, pyramidal, or tiny sets on a stone. It is commonly used in crystal healing due to its ability to remove negative energies and elevate consciousness. Its name comes from two Greek words “apo” meaning “to be off,” and “phylos” meaning “leaf.” The combination of these words describes the way the mineral flakes apart or disintegrates like a leaf when exposed to heat due to water loss.

**Metaphysical Properties:** Apophyllite can restore your strength and willpower. As a result, you will have a greater desire to explore possibilities. The stone is recommended for people experiencing sadness, apathy, and a lack of motivation. It also assists in releasing stress, fear, and anxiety.

**Astrological sign:** Gemini and Libra

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**Mohs hardness rating:** 4.5-5  
**Transparency:** Transparent or opaque  
**Luster:** Vitreous  
**Fracture:** Uneven  
**Cleavage:** Perfect

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